**Idioms about Hearts**

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| **Idiom** | **Explanation** |
| to have a heart of gold | to be a caring person |
| to have a big heart | to be generous and caring toward others |
| to be cold-hearted | to lack sympathy for others |
| wear your heart on your sleeve | to find it easy to show affection for someone |
| cross your heart | to promise to tell the truth; make an oath |
| cry your heart out | to cry hard and for a long time |
| eat your heart out | to envy someone |
| from the bottom of your heart | to deeply and sincerely express positive feelings |
| to have a change of heart | to change feelings about something |
| have a heart | to feel compassion for someone and want to help them |
| have a broken heart | feel hurt emotionally after being hopeful |
| have your heart in your mouth | to be scared or nervous |
| have your heart set on something | to want something very strongly |
| set your heart at rest | stop worrying |
| to be soft-hearted | sympathetic toward others but also easily hurt by them |
| take something to heart | to seriously think over what someone else tells you |
| have a heavy heart | to be burdened by sadness |
| have a heart-to-heart | to talk seriously and privately with someone |
| heartsick | to be very sad over a big disappointment |
| a happy heart | a joyful attitude |
| heartfelt | with deep sincerity of feeling |